Tŷ Afon, Ffordd Bedwas Bedwas, Caerffili, CF83 8WT Tŷ Afon, Bedwas Road Bedwas, Caerphilly CF83 8WT Cyngor Cyllido Addysg Uwch Cymru Higher Education Funding Council for Wales



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# Cylchlythyr | Circular

# Well-being and health: well-being and health strategy funding 2023/24 and 2022/23 and 2023/24 monitoring requirements

Date: 15 September 2023

Reference: W23/24HE

**To:** Heads of higher education institutions in Wales **Response by: 2022/23 monitoring:** Friday 29 September 2023

2023/24 Well-being and health, including mental health, implementation plan: Friday 3 November 2023

2023/24 monitoring: Friday 27 September 2024

**Contact:** Name: Ryan Stokes

Amanda Phillips

Email: ryan.stokes@hefcw.ac.uk

amanda.phillips@hefcw.ac.uk

This circular provides guidance and details of the allocation of £2m funding to universities to implement well-being and health strategies in 2023/24. The circular includes our monitoring requirements for 2022/23 and 2023/24.

If you require this document in an alternative accessible format, please email info@hefcw.ac.uk.



#### Introduction

- 1. This circular provides guidance and details of the allocation of £2m funding to universities to implement well-being and health strategies in 2023/24. The circular includes our monitoring requirements for 2022/23 and 2023/24.
- 2. This circular should be read in conjunction with our circular <u>W23/23HE</u> allocating an additional £2.3m in 2023/24 to well-being and health, including additional financial support for higher education students. This additional allocation was provided in our <u>2023-24 Remit Letter</u> paragraph 7.
- 3. This circular provides the combined monitoring template for this £2m allocation and the £2.3m additional allocation for well-being and health, including mental health and financial support for students in higher education.

#### Background

- In 2019, all universities in Wales committed to adopt, from 2019/20, <u>Step change:</u> mentally healthy universities and <u>Suicide-Safer Universities</u> approaches. Circular <u>W19/11HE</u> invited Well-being and health, including mental health, strategies. Circulars <u>W20/35HE</u>, <u>W21/22HE</u>, <u>W22/29HE</u> confirmed annual funding to support strategy implementation plans.
- 5. We recognise that most universities will be preparing their 2024 to 2028 Strategic Equality Plan and equality objectives to meet the <u>Public Sector Equality Duty</u> (PSED) requirements. Therefore, we expect to see institutional well-being and health strategies and plans aligned with institutional strategic equality plans.

# Well-being and health, including mental health, policy and research update and our expectations arising from them

- 6. During the 2022/23, the following well-being and health policy developments and UK guidance have been published.
- 7. In 2022, we published revised guidance on developing and reviewing Student Charters (circular W22/20HE: Annex B). The circular includes an expectation that Student Charters include a commitment by universities to promoting student well-being and health, including mental health and supporting suicide-safer approaches from 2022/23.
- 8. In October 2022, Universities UK published <u>Suicide-safer universities: sharing information with trusted contacts</u> which provides a guide for universities on when and how to involve families, carers or trusted contacts when there are serious concerns about a student's safety or mental health.
- 9. In December 2022\_Universities UK published <u>Suicide-safer postvention guidance</u> which provides universities with practical advice on how to respond to a student suicide.

- 10. In 2023, a <u>new national phone line</u> for people who require urgent mental health support was launched across Wales. The National Health Service (NHS) '111 press option 2' for mental health support is available 24 hours a day, 7 days a week for all ages. People can use this number if they have an urgent mental health concern themselves or about someone they know.
- We continue to fund <u>Student Space</u> with materials available in Welsh. Funding for this project will continue, subject to the Commission for Tertiary Education and Research confirming budgets, until the end of 2024/2025.
- 12. In March 2023, the Welsh Parliament's Children and Young People's Committee (CYPE) published its Mental Health support in Higher Education report.
- 13. The report identified particular groups<sup>1</sup> that may face a higher prevalence of mental health challenges and / or barriers to accessing appropriate and timely support, whilst also recognising that students may be a member of more than one group, and recommended adopting an intersectional approach.
- 14. In June 2023, the Welsh Government published its <u>response</u> to the CYPE Committee report. Twenty one CYPE recommendations are actions for, or including, HEFCW and/or CTER and, therefore, have implications across the post-16 education sector.
- 15. During 2023/24, HEFCW will fund a student mental health service model feasibility study. The feasibility study contributes to our response to the CYPE report recommendation 25 'build on the learning and evaluation from the Mental Health University Liaison Service in Cardiff and start planning for a full roll-out of this model across Wales'. We are providing in 2023/24 additional funding and guidance for universities to begin to engage in this feasibility study and any further developments (see W23/23HE).
- 16. In response to recommendation 20 'to encourage providers to provide meaningful mental health training for staff', we expect universities should ensure they provide meaningful well-being and health, including mental health, training for staff that takes account of the individual institutions' context and the needs of its student body.
- 17. When developing and revising their well-being and health strategies, suicide safer approaches and well-being policies, we expect universities to take account of the publications and policy developments listed above and, where appropriate, include related-actions in their 2023/24 implementation plans.
- 18. Given the number of CYPE recommendations, the complexity of the issues they aim to address and issues of sustainability, our view is that the Commission for Tertiary Education and Research (CTER), which becomes fully operational on 1 April 2024, is best placed to take forward many of them.

2

<sup>&</sup>lt;sup>1</sup> The Welsh Parliament Children and Young People's Committee (CYPE) Mental Health support in Higher Education report (2023) Paragraphs 43-93.

## Well-being and health, including mental health, wider equality and intersectionality considerations

- 19. In December 2022, the Welsh Parliament Health and Social Care Committee published its <u>Connecting the dots: tackling mental health inequalities in Wales</u> report with 27 recommendations. In February 2023 the Welsh Government published its <u>response</u> to the report. The Welsh Parliament report states that 'mental health is, to a great extent, shaped by the social, economic and physical environments in which people live' and includes sections on tackling mental health inequalities, social prescribing, mental health being 'made in communities', and workforce planning.
- 20. Universities should consider the report recommendations when developing their well-being and health/mental health approaches including:
  - i. <u>Trauma-informed Practice Framework</u> that will be a key component in the Welsh Government's drive to make Wales a trauma-informed nation.
  - ii. The development of the Welsh Government's national framework for social prescribing (see consultation <u>Developing a national framework for social prescribing</u>).
- 21. In March 2023, we published circular <a href="W23/06HE">W23/06HE</a> Safe and inclusive higher education: supporting equality and diversity education. The circular sets out specific actions Welsh Government and/or HEFCW expects universities and regulated colleges to take and draws attention to:
  - The Welsh Government's LGBTQ+ Action Plan for Wales;
  - The Welsh Government's <u>Violence against women, domestic abuse and sexual violence: strategy 2022 to 2026</u> and its <u>Violence against women, domestic abuse and sexual violence: blueprint high level action plan;</u>
  - The Welsh Government's Anti-Racist Wales Action Plan;
  - HEFCW's race, access and success policy developments; and
  - HEFCW's Well-being and health, including mental health policy developments.
- 22. In May 2023, HEFCW held a joint online well-being and health seminar with the Transforming Access and Student Outcomes in Higher Education (TASO) research and evaluation centre. During 2023, TASO published the following reports:
  - What works to tackle mental health inequalities in higher education
  - Student wellbeing over time: analysing Student Academic Experience Survey data for undergraduates and taught postgraduates
- 23. The TASO Student well-being over time report found evidence to suggest that the following groups of students are at greater risk of poor mental health:
  - Students from households with low economic status
  - Students from Black, Asian, and Minority Ethnic backgrounds
  - Mature students

- Students who are lesbian, gay, bisexual, transgender, queer/questioning or have other sexual identities (LGBTQ+) and
- Care-experienced students.
- 24. We recognise that most universities will be preparing their 2024 to 2028 Strategic Equality Plan and equality objectives to meet the <a href="Public Sector Equality Duty">Public Sector Equality Duty</a> (PSED) requirements. Therefore, we expect to see institutional well-being and health strategies and plans aligned with institutional strategic equality plans.
- 25. When developing and revising their well-being and health strategies, suicide safer approaches and well-being policies, universities must consider equality and intersectionality, conduct equality impact assessments and where appropriate include related actions in their 2023/24 implementation plans.

#### Additional well-being and health funding 2023/24

- 26. In July 2023, our remit letter from the Minister for Education and Welsh language states 'I am pleased to be able to award an additional £2.3m, ring-fenced to support the mental health and well-being agenda across the sector'.
- 27. The additional £2.3m funding will be allocated through a separate HEFCW circular, W23/23HE.
- 28. We expect that implementation plans take account of the additional funding received through the £2.3m circular, to ensure a coherent approach to well-being and health, including mental health. (see Annex B)
- 29. We are combining the monitoring of the £2m annual strategy implementation funding with monitoring of the additional £2.3m. The universities' combined monitoring template for both allocations is provided in **Annex C** and **Appendix C1** of this circular.
- 30. Combined monitoring is intended to ease the burden of reporting against well-being and health allocations and it recognises that the universities' implementation plans will drive the planning and use of the funding in the round.

#### Well-being and health funding strategies and implementation plans 2022/23

- 31. We expect implementation plans in 2023/24 to continue to take a 'whole university approach', supporting and addressing the needs of staff and students and taking account of all aspects of university life, including living and working life. Where universities choose to fund well-being and health, including mental health activity and services from non-HEFCW funding, please include these activities and services and the sources of funding in the plans.
- 32. Universities should also consider supporting the transition, progression and success of applicants and students, as this relates to well-being and health,

- including mental health, working in partnership with schools, colleges and other external partners.
- 33. 2023/24 Implementation plans should account for the university's 2023/24 funding allocations (£2m and £2.3m) and any additional resources provided from non-HEFCW sources and include:
  - i) well-being and health, including mental health, strategy objectives/intentions being prioritised in 2023/24;
  - ii) activities, services, training, and resources, against the objectives/intentions, including dates by when new or continuing activities, services and resources will be established and/or completed;
  - iii) activities, services, training and resources provided bilingually and/or separately in Welsh;
  - iv) activities, services, training, and resources including students at franchise/partner organisations,
  - v) activities, services, training, and resources for postgraduate students;
  - vi) activities, services, training, and resources for international students;
  - vii) activities, services, training and resources to secure the well-being and health of staff and students, including health affected by harassment, hate and sexual misconduct and violence, regardless of identity<sup>2</sup>;
  - viii) activities, services, training and resources provided specifically to, or providing information about supporting, staff and students with protected characteristics.
  - ix) activities, services, training and resources that take account of the Universities UK (UUK) Stepchange: mentally healthy universities self-assessment findings and recommendations;
  - clearly identifiable actions to address gaps, priorities or recommendations identified as a result of the university's review using the UUK selfassessment tool:
  - xi) confirmation of how progress against the implementation plan will be monitored and measured;
  - xii) an explanation of how a representative range of students, staff and interested parties have been involved in developing the plan;
  - xiii) an explanation of how impact assessment findings have informed the objectives/intentions, activities and services to be delivered;
  - xiv) an explanation of how the implementation plan's monitoring and review will be reported to and through university governance structures.
- 34. In addition, we expect implementation plans to take account of equality and intersectionality through the use of equality impact assessments, including but not limited to the following groups of students identified in the CYPE and TASO reports:
  - Disabled students and students with long-term health conditions
  - International students
  - LGBTQ+ students

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<sup>&</sup>lt;sup>2</sup> Identity-based violence considerations should include, but not be limited to, gender, race, religion and belief, recognising the intersectional nature of these characteristics.

- Postgraduate students
- Students from Black, Asian, and Minority Ethnic backgrounds
- Students from a lower socio-economic background
- Students with caring responsibilities / returning after a break in education.
- Care-experienced students.

#### **Funding and monitoring**

- 35. We expect universities to manage and spend in full in-year their 2023/24 implementation plan allocation, given that it is our intention to fund well-being and health strategies in the long-term, subject to reaffirmation of budget lines by the Commission for Tertiary Education and Research. This also enables HEFCW to provide assurance to Welsh Government that universities are committing appropriate resource to supporting student and staff well-being and health, including mental health.
- 36. We or CTER will reclaim any uncommitted underspend at the end of 2023/24, unless there are exceptional circumstances, and we or CTER will reclaim/withhold future funding where there is unsatisfactory or limited reporting against our monitoring requirements.
- 37. The 2023/24 Well-being and health, including mental health, strategy implementation plan funding will be allocated in one payment, on the basis of student headcounts, as set out in **Annex A**.
- 38. In 2023/24 we will allocate funding in **one tranche** payment in **December 2023** subject to:
  - submission of 2022/23 well-being and health including mental health monitoring reports including confirmation of the satisfactory use of 2022/23 funding. (see 2022/23 monitoring report template)
    - The submission date for this reporting is Friday 29 September 2023;
  - ii. 2023/24 Well-being and health, including mental health, implementation plans (see template provided at **Annex B and Appendix B1**); **The submission date for this reporting is Friday 3 November 2023**
- 39. **Table 1** in this circular sets out the reporting deadlines.
- 40. The 2023/24 monitoring report template (**Annex C**) must be submitted by **27 September 2024.**

## Timetable Table 1

Reporting requirements	Submission date
Completed <b>2022/23</b> well-being and health, including mental health, monitoring report.	Friday 29 September 2023

Completed 2023/24 Well-being and health, including mental health, implementation plan	Friday 3 November 2023
Completed 2023/24 monitoring report template	Friday 27 September 2024.

#### Further information / responses to

- 41. For further information contact Ryan Stokes (email ryan.stokes@hefcw.ac.uk).
- 42. Responses to be submitted to Amanda Phillips (email <u>amanda.phillips@hefcw.ac.uk</u>).

#### Assessing the impact of our policies

- 43. We have updated our ongoing impact assessment to take account of equality, diversity and inclusion. We also considered the impact of policies on the Welsh language, and Welsh language provision within the HE sector in Wales and potential impacts towards the goals set out in the Well-Being of Future Generations (Wales) Act 2015 including our Well-Being Objectives. Contact equality@hefcw.ac.uk for more information about impact assessments.
- 44. Our impact assessment findings include:
  - identifying positive impacts on the following protected characteristics: age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex, and sexual orientation. No negative impacts were identified.
  - confirming that the funding supports five of the seven well-being goals and takes account of the five ways of working.
  - noting that the funding guidance and monitoring seeks to have a positive impact on the Welsh Language.

## Wellbeing and health, including mental health, strategy implementation allocations 2023/24

University	2023/24 allocation £
University of South Wales	316,057
Aberystwyth University	100,905
Bangor University	143,672
Cardiff University	462,768
University of Wales Trinity Saint David	204,314
Swansea University	304,425
Cardiff Metropolitan University	172,412
Wrexham University	94,335
The Open University in Wales	201,111
Total	2,000,000

#### **Notes**

Verified HESA student record 2021/22 data

Headcounts - HESA standard registration population, all modes and levels, reduced to a headcount where students have more than one enrolment

The same method, using 2018/19 student data, was used to allocate: W20/08HE, W20/29HE and W20/35HE

The same method, using 2019/20 student data, was used to allocate £2M for W21/22HE: Well-being and health: well-being and health strategy funding 2021/22

The same method, using 2020/21 student data, was used to allocate £2.138M for W22/29HE: Well-being and health: well-being and health strategy funding 2022/23 and monitoring requirements for 2021/22 and 2022/23.



#### Annex B - Well-being and health, including mental health, strategy implementation plan template 2023/24

University		
Lead contact name and email details:		
Well-being and health, including mental health, strategy implementation plan 2023/24	University to input total allocation £	
Well-being and health and additional financial support for higher education students 2023/24	University to input total allocation £	

Response by: to be returned by Friday 3 November 2023.

#### Please return submissions to <a href="mailto:amanda.phillips@hefcw.ac.uk">amanda.phillips@hefcw.ac.uk</a>

We are allocating £2m to support universities' implementation of well-being and health, including mental health, strategies in 2023/24. Universities' allocations can be found in this circular at **Annex A** 

In 2023/24, we are allocating an additional £2.3m of additional funding to universities and directly-funded colleges in Wales to support well-being and health and provide financial support to higher education students. Universities should read this circular in conjunction with circular W23/23HE, published in September 2023. Universities' allocations can be found in **Annex B** of that circular.

We expect implementation plans in 2023/24 to continue to take a 'whole university approach', supporting and addressing the needs of staff and students and taking account of all aspects of university life, including working life.



Universities well-being and health activities, services, training and resources funded from the £2m and the £2.3m must be included in the 2023/24 implementation plan funded activities, services and resources spreadsheet. **See Section A - Appendix B1.** 

#### Section A

Please complete the 2023/24 funded activities, services, training and resources spreadsheet (Appendix B1) for:

- Well-being and health, including mental health, strategy implementation plan funding; and
- Well-being and health and additional financial support for higher education students.

#### **Section B**

How do the well-being and health activities, services, training and resources set out in Section A – Appendix B1

Contribute to: the university's UUK Suicide-safer Universities strategy developments?

Max 500 words

Contribute to: the following Welsh Parliament Children and Young People's Education Committee recommendations (<a href="CYPE recommendations">CYPE recommendations</a>)?

Max 500 words



Recommendation 20. Provide meaningful mental health training for staff that takes account of the individual institutions' context and its student body. Such training should empower staff to provide appropriate support, including details of the support that can be provided by the institution and other local partners to enable effective signposting where appropriate. Training is accessible to all staff, both academic and support staff, and to those providing services that have been contracted out by the institution. In offering such training, providers should ensure protected time for staff to attend training.

Does the university's well-being and health implementation plan activities, services and resources contribute to the CYPE recommendation to provide mental health training for staff?

'Yes' or 'No' (Please delete as appropriate)

**If answering 'yes' please** provide the rationale for the training, including the evidence for providing it, and who the training is targeted at (job occupations)

Does the university have a well-being and health staff training plan for 2023/24?

'Yes' or 'No' (Please delete as appropriate)

If answering 'yes' please provide the training priorities for 2023/24?

Recommendation 22. Deliver meaningful mental health training for students within their first year of study. This training should be delivered in a range of methods that ensures it is accessible to all students, and should be made available at a range of points throughout the first year.

Does your well-being and health implementation plan activities, training, services and resources contribute to the CYPE recommendation to deliver mental health training for students?

'Yes' or 'No' (Please delete as appropriate)

**If answering 'yes' please** provide the rationale for the training, including the evidence for providing it and list the student training priorities for 2023/24?



Recommendation 21. The Welsh Government provides further funding to HEFCW and then the Commission to support the widening of mental health support to students through the Welsh language. This funding should be an on-going commitment to ensure longevity of Welsh language support.

Does your well-being and health implementation plan activities, services, training and resources contribute to the CYPE recommendation of widening of mental health support to students through the Welsh language?

'Yes' or 'No' (Please delete as appropriate)

If answering 'yes' what percentage of training and resources are available in Welsh?

**Recommendation 25** Build on the learning and evaluation from the Mental Health University Liaison Service in Cardiff and start planning for a full roll-out of this model across Wales.

How will your well-being and health implementation plan activities, services and resources contribute to the CYPE recommendation to build on the learning and evaluation from the Mental Health University Liaison Service in Cardiff?

'Yes' or 'No' (Please delete as appropriate)

If answering 'yes' please explain.

Contribute to: the particular needs of staff and students with protected characteristics, including intersectionality considerations?

We expect implementation plans to take account of equality and intersectionality through the use of equality impact assessments, using institutional data and including but not limited to the following groups of students identified in the CYPE and TASO reports:





- Disabled students and students with long-term health conditions
- International students
- LGBTQ+ students
- Post-graduate students
- Students from an minority ethnic background
- Students from a lower socio-economic background
- Students with caring responsibilities / returning after a break in education.
- Care-experienced students.

#### Max 500 words

Has the strategy and implementation plan been equality impact assessed and assessed against the Welsh language standards and Well-being of Future Generations goals and ways of working?

What are the positive and negative impacts and how these will be taken into account?

Are you offering specifically targeted activities, services and resources for any groups of students identified in the CYPE and TASO reports?

If answering yes please provide a summary.

What are the governance structures for monitoring and managing the strategy and implementation plan?





How will a representative range of staff and students be involved	
in reviewing, developing and monitoring the strategy and	
implementation plan?	

#### **Approval**

In signing and submitting the implementation plan to HEFCW the University is:

- confirming the HEFCW 2023/24 funding provided by the two Well-being and health, including mental health-related circulars allocating £2m and £2.3m be used to support resources, activities, training and services as set out in this implementation plan;
- committing to delivering the HEFCW funded resources, activities and services as set out above; and
- reaffirming its commitment to adopting the UUK *Stepchange: mentally healthy universities and* Suicide-safer Universities Frameworks.

Vice Chancellor Name:		
Signature (Vice-Chancellor):	Date:	

(Please include the WBH strategy objective in full that the activity is	Is the activity training? (Please use dropdown (Y)- yes, (N) - No, (N/A) Not Applicable)	Brief description of each funded activity, service, training or resource 25 word (max)	Universities UK (UUK) Stepchange: mentally healthy universities self-assessment findings and recommendations? (Please use dropdown (Y)- yes,	training, resource specifically support the well-being and health of staff and students, including health affected by harassment, hate and sexual misconduct and violence,	training and resources be	Will the activities, services, training and resources be accessed by international students? (Please use dropdown)	Will the activities, services and resources be accessed by staff or students at franchise/partner organisations? (Please use dropdown)		training / service/ resource or continuing from	service or resource from HEFCW's 2023/24 WBH funding (£2m) (£)	service or resource funded	Welsh (Please use dropdown (Y)- yes,

Total (£)





# Well-being and health, including mental health strategy implementation plan Monitoring report 2023/24

Response by: 27 September 2024

Return to: Amanda Phillips (amanda.phillips@hefcw.ac.uk)

This 2023/24 monitoring template sets out the data, evidence and information to be returned to us as end of year reporting to provide assurance of progress and performance.

University name	
Name of university	
contact and email address	
Well-being and health	£
strategy funding 2023/24	
(£2m. Universities'	
allocations provided in that	
circular at Annex A)	
Well-being and health and	£
additional financial	
support for higher	
education students	
2023/24	
(Universities' allocations	
provided in that circular at	
Annex B)	

The two circulars noted above requested 2023/24 well-being and health, including mental health, strategy implementation plans to be submitted to us as a condition of funding.

#### **HEFCW circular W23/24HE: Annex C**

Cyngor Cyllido Addysg Uwch Cymru Higher Education Funding Council for Wales



#### **Part 1 Monitoring information**

#### **Quantitative information**

Please provide the quantitative information as set out in the attached spreadsheet (Appendix C1).

#### Part 2 well-being and health strategy progress information

Please provide an update on progress in 2023/24 towards addressing the University's UUK Stepchange: mentally healthy universities self-assessment recommendations,

500 words max

Bulleted sentences would be a satisfactory reporting method

Please provide a progress update on actions in 2023/24 to implement the University's suicide safer strategy and action plans, including a summary of any revisions and reviews.

500 words max

Bulleted sentences would be a satisfactory reporting method

#### HEFCW circular W23/24HE: Annex C

Cyngor Cyllido Addysg Uwch Cymru Higher Education Funding Council for Wales



Please summarise how the University's Well-being and health, including mental health, strategy /implementation plan is informed by and informs the new Strategic Equality Plan from April 2024

500 words max			

#### **Case Studies**

Please provide two case studies, for each 2023/24 funding allocation, as examples of practice in (one relating to activities, training, resources or services to support staff and one relating to activities, training, resources or services for students), of no more than 500 words each. In submitting these case studies, universities should be aware that we may choose to publish them to share practice and provide assurance of universities' actions and use of funding. Case studies <u>must not</u> identify staff or students but be focused on activities and services provided.

If universities have any new and/or innovative resources or positive experiences of externally provided training and would like to promote or share them more widely with the sector, please provide links and/or further information.

Well-being and health implementation plan funding allocation 2023/24 (£2m)

# Case study 1 Max 500 words and where possible, include links and/or images that do not identify individuals.

# Case Study 2 Max 500 words and where possible, include links and/or images that do not identify individuals.

Cyngor Cyllido Addysg Uwch Cymru Higher Education Funding Council for Wales



#### Part 3

#### **Funding**

#### Well-being and health implementation plan funding allocation 2023/24 (£2m)

Please note that by 'committed funding' we mean expenditure that has been agreed such that it cannot be returned to the University but the funding has not yet been invoiced or paid in full. Committed funding should be for activities, resource training delivered in 2023/24. Any activities, resources, training, services to be delivered in 2024/25 must be funded from 2024/25 allocations.

Well-being and health implementation plan funding allocation 2023/24	£
Please confirm that the University's well-being and health implementation plan funding allocation has been used in full by 31 July 2024 for the purposes outlined in your 2023/24 implementation plan submitted to HEFCW.  Where there is unallocated underspend please provide a brief explanation for this and the amount of underspend:	<ul> <li>[Please delete as appropriate]</li> <li>I confirm/cannot confirm that the allocation has been used in full by 31 July 2024.</li> <li>There is/is not underspend.</li> <li>Where there is underspend. I confirm the amount of underspend is £x and the reason for underspend is as follows:</li> </ul>
If there is underspend, how much of it is committed and for what purpose?  [Please note we expect any committed underspend to be allocated within two months of the project end date.]	<ul> <li>[Please complete this section as appropriate]</li> <li>There is/is not committed underspend</li> <li>Where there is committed underspend the amount is £x.</li> <li>Committed underspend will be allocated in full by [date].</li> <li>The reason for committed underspend is as follows:</li> </ul>



#### Well-being and health and additional financial support for higher education students 2023/24 (£2.3m)

Well-being and health and additional financial support for higher education students allocation 2023/24	£
Please confirm that the University's well-being and health implementation plan funding allocation has been used in full by 31 July 2024 for the purposes outlined in your 2023/24 implementation plan submitted to HEFCW.  Where there is unallocated underspend please provide a brief explanation for this and the amount of underspend:	<ul> <li>[Please delete as appropriate]</li> <li>I confirm/cannot confirm that the allocation has been used in full by 31 July 2024.</li> <li>There is/is not underspend.</li> <li>Where there is underspend. I confirm the amount of underspend is £x and</li> <li>the reason for underspend is as follows:</li> </ul>
If there is underspend, how much of it is committed and for what purpose?  [Please note we expect any committed underspend to be allocated within two months of the project end date.]	<ul> <li>[Please complete this section as appropriate]</li> <li>There is/is not committed underspend</li> <li>Where there is committed underspend the amount is £x.</li> <li>Committed underspend will be allocated in full by [date].</li> <li>The reason for committed underspend is as follows:</li> </ul>

#### **Assurance statement**

In completing this assurance return you are confirming that the university has:

- allocated the HEFCW funding to support well-being and health strategy implementation as set out above;
- allocated the HEFCW funding to support the well-being and health and additional financial support for higher education students 2023/24 as set out above:
- used the HEFCW funding for the purposes for which it was intended as set out above;
- equality impact assessed the use of the funding to demonstrate how it can benefit people with protected characteristics;

#### **HEFCW circular W23/24HE: Annex C**

Cyngor Cyllido Addysg Uwch Cymru Higher Education Funding Council for Wales



- involved students, staff and other interested parties in setting the funding priorities; and
- delivered the 2023/24 implementation plan in full or discussed this with HEFCW and provided detailed information to account for partial delivery.

Signature (Vice-Chancellor):	Date:	
Vice Chancellor name print		

Please return the completed monitoring statement and case studies to <a href="mailto:amanda.phillips@hefcw.ac.uk">amanda.phillips@hefcw.ac.uk</a> by 27 September 2024.

For further information please contact Ryan Stokes – <a href="mailto:ryan.stokes@hefcw.ac.uk">ryan.stokes@hefcw.ac.uk</a>.

Strategy Objective (Please include the WBH strategy objective in full th the activity is aligned)	Activity, training, service of resource title  It (If the activity relates to training, please include the name of the training being offered)	training? (Please use dropdown (Y)- yes, (N) - No, (N/A)	funded activity, service training or resource	• •	Does the activity, service, training, resource specifically support the well-being and health of staff and students, including health affected by harassment, hate and sexual misconduct and violence, regardless of identity?  (Please use dropdown)	resources be accessed by international students? (Please use dropdown) (Y)- yes, (N) - No, (N/A) Not	Will the activities, services and resources be accessed by staff or students at franchise/partner organisations? (Please use dropdown)	Activity/ training / training / service/r esource end date end date  Continuing from 2022/23 (Please use dropdown) (Y)- yes, (N) - No, (N/A) Not Applicable	service,training or resource from HEFCW's 2023/24 WBH funding (£2m) (£)	service, training or resource from HEFCW's 2023/24 WBH funding (£2.3m)	, ,	N/A a	Number of students trained for each activity? (if applicable). If not applicable please state N/A	training delvery hours for each activity? (if applicable). If not applicable please state N/A	received well-being and health support from this activity, service or	Total number of students who received well-being and health support from this activity, service or resource? (where applicable, do not include training numbers)	resource delivered as set out in the 2023/24	Reason why an activity/ service/resource was not delivered or changed? Were any other activity/service/resource delivered instead, if so, what were they?